

# DUA FOR PROTECTION FROM ILLNESSES AND DISEASES

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darulihsaan

In situations like these it is imperative to look for help from Allāh SWT. In the current circumstances where the infection rate is rising once more, everyone is kindly requested to read the following du'ās every-day for wellbeing and protection from this harmful disease.

Anas (Radhi Allah Anh) said: Prophet Muhammad (Sal Allahu 'Alayhi Wa Sallam) used to make this du'ā to seek Allah's protection from diseases.

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْبَرَصِ ، وَالْجُنُونِ ،  
وَالْجُدَامِ ، وَمِنْ سَيِّئِ الْأَسْقَامِ

*“Allahumma inni a'oodhu bika minal-barasi, wal-junooni, wal-judhaami, wa min sayyi'il-asqaami”*

*O Allah! I seek refuge in You from albinism, insanity, leprosy and from evil diseases.*

*[Abu-Dawood]*

Read the following du'ā upon seeing a person who has been afflicted by an illness. Those that read this du'ā have been promised safety from that illness.

الْحَمْدُ لِلَّهِ الَّذِي عَافَانِي مِمَّا ابْتَلَاكَ بِهِ، وَفَضَّلَانِي  
عَلَى كَثِيرٍ مِمَّنْ خَلَقَ تَفْضِيلًا

*Al-hamdu lil-laahil-ladhee 'aafaanee mim-mab-ta-laaka bih, wa faḍ-dala-nee 'alaa kathee-rin mim-man khalaqa taf-ḍeela*

*“All Praise be to Allāh, who has protected me from what He has afflicted you with and has greatly favoured me over many of His creation”*

*[Al-Tirmidhi]*